

# Bath Centre for Pain Services

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*“Specialist Rehabilitation for Disabling Pain Conditions”*

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**Adult Services**

**Young Adult Services**

*Private referrals*

Bath Centre for Pain Services (BCPS) provides assessment and residential specialist rehabilitation for adults with complex pain conditions. We have been accepting private referrals from solicitors and case managers for over 25 years.

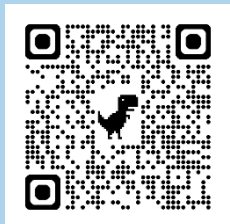
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**NHS**

Royal United Hospitals Bath  
NHS Foundation Trust

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# Adults and Young Adults

## *Residential Pain Rehabilitation*

Our programmes aim to help people to restore functioning and quality of life in the face of ongoing pain. They are a supported, yet demanding, course of physical and psychological rehabilitation with a highly specialist, cohesive clinical team. There are no medical or interventional aspects. Our specialty is treatment; we do not produce Expert Witness reports.

## **Self-managing, or needing more support?**

For patients with higher levels of disability, we can provide level-access adapted accommodation with round-the-clock HCA support. For those who can manage a bit more, the accommodation is more hotel-like, to emphasise independent functioning.

## **Individual or Group?**

Group programmes (3-4 weeks) are the most powerful way to deliver sustained rehabilitation and to promote new physical and psychological skills. However, some people may need support and 'pre-treatment' to reach a group. We have the potential to offer an individual admission (1 week) where necessary.

*Purpose-built modern facilities*  
*Treatment by UK National Specialist Clinicians*  
*Careful, holistic assessment and education*  
*Physical rehabilitation; Psychological intervention*  
*Follow-up for six months*

## **Adult or Young Adult?**

Young Adults (e.g. 18-30 yrs) have specific needs and can benefit from programmes (3 weeks) aimed at their developmental stage. We encourage parent or partner involvement in this treatment, usually attending for the first week of treatment.

## **Can I refer?**

We accept private referrals and are happy to discuss these in advance. Patients are seen in the standard NHS service, and timelines for assessments, reports and treatment will reflect the NHS norm. It helps to carefully explain the nature of the treatment pre-referral, clarifying that it is demanding rehabilitation requiring significant engagement and effort.

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