

Bath Centre for Pain Services

*"Specialist Rehabilitation for
Disabling Pain Conditions"*

Paediatric CRPS (Complex Regional Pain Syndrome)

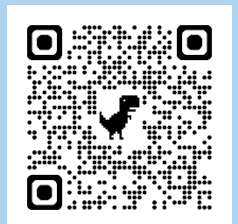
Bath Centre for Pain Services (BCPS) provides residential specialist rehabilitation for young people struggling with complex CRPS, and their families. We take referrals from across the UK, after patients have had appropriate initial Paediatric input.

2025

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NHS

Royal United Hospitals Bath
NHS Foundation Trust

CRPS Rehabilitation for Young People

Residential treatment for CRPS

Many cases of CRPS in children can be treated successfully in local services. However, this is not always the case, and the idea that CRPS is usually 'easier to treat in children' has perhaps been oversold. BCPS has >20 years of collective experience in treating young people with CRPS who have not benefited from local treatment.

Specialist Rehabilitation Service

There is not much scientific evidence around treating CRPS in children. However, the expert consensus is that rehabilitation is a central pillar of treatment. Adult guidance recommends that "active rehabilitation should be commenced as early as possible".

Interdisciplinary treatment

CRPS rehabilitation involves lots of physiotherapy input. However, where functioning is not improving, it is ineffective to rely on this alone. Young people and families need support to stay motivated during difficult rehab, and to begin to rebuild a more normal life, even if the condition does not 'get better' straight away. So, BCPS treatment includes Physiotherapy, Psychology, Occupational Therapy and parent input as a standard, coherent package.

- **Residential treatment** – young people, and a parent, come to stay in our dedicated accommodation for treatment (for example, for a week)
- **Rehabilitation only** – we will focus on doing highly specialised rehabilitation – there will be no interventional techniques (e.g. injections) or medicines management
- **Tough and fun** – CRPS rehab always involves doing things that can be painful and sometimes scary. Our team of paediatric specialists strive to make hard treatment as engaging as possible.

Can I refer / How do I get referred?

Patients in England can be referred for assessment, so long as they have had appropriate Paediatric work-up and have tried appropriate options locally. We request that investigations are completed and that referrals are not made before local options are complete, or whilst interventions are still scheduled. Patients in Scotland, Wales, Northern Ireland, Channel Islands, Isle of Man and the Republic of Ireland will need out of area funding.
