

Bath Centre for Pain Services

*“Specialist Rehabilitation for
Disabling Pain Conditions”*

Paediatric Services
Young Adult Services

Bath Centre for Pain Services (BCPS) provides residential specialist rehabilitation for young people with complex pain conditions, and their families. We take referrals from across the UK, after patients have had appropriate initial Paediatrician input.

2025

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NHS

Royal United Hospitals Bath
NHS Foundation Trust

Pain Rehabilitation for Young People

Residential treatment for Young People and Families

Our programmes aim to help people to live more effective and enjoyable lives in the face of ongoing pain. They are a supported, yet demanding, course of physical and psychological work, aimed to get young people back into education, work, and their social lives. We hope to improve life rather than cure pain; we focus on rehabilitation rather than medicines or interventions.

Support for child and parent

Severe pain is a huge burden on the whole family. Parents / guardians play a central role in guiding their children's pain coping; in complex pain conditions, it is unrealistic to treat the child alone. We are experienced in parent / family interventions and provide accommodation and support for a parent as part of treatment.

Serious rehabilitation: fun environment!

Pain rehabilitation needs to engage and motivate young people of all ages and interests. Our rehabilitation is tough, but happens in the park as well as the hospital, with trips into the City of Bath, and often with hula-hoops!

- **Adolescent Group Programme:** three weeks, child and parent throughout
- **Young Adult Group Programme (18+):** three weeks, parent attends for first week
- **Individual Programme: one week**, where there is a need to 'work up' to a group programme
- **Paediatric CRPS programme:** one week, for young people with Complex Regional Pain Syndrome

Can I refer?

Patients in England can move straight to assessment, so long as they have had appropriate Paediatric work-up and have tried appropriate options locally. We request that investigations are completed and that referrals are not made before local options are complete, or whilst interventions are still scheduled. Patients in Scotland, Wales, Northern Ireland, Channel Islands, Isle of Man and the Republic of Ireland will need out of area funding.
