

# Bath Centre for Pain Services

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*“Specialist Rehabilitation for  
Disabling Pain Conditions”*

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## Adult Services Young Adult Services

Bath Centre for Pain Services (BCPS) provides residential specialist rehabilitation for adults with complex pain conditions. We take referrals from across the UK, where secondary care Pain Services judge that more intensive, interdisciplinary input is needed.

2025

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**NHS**

Royal United Hospitals Bath  
NHS Foundation Trust

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# Adults and Young Adults

## *Residential Pain Rehabilitation*

Our programmes aim to help people to live more effective and enjoyable lives in the face of ongoing pain. They are a supported, yet demanding, course of physical and psychological work. We hope to improve life rather than cure pain; we focus on rehabilitation rather than medicines or interventions.

## **Self-managing, or needing more support?**

For patients with higher levels of disability, we can provide level-access adapted accommodation with round-the-clock HCA support. For those who can manage a bit more, the accommodation is more hotel-like, to emphasise independent functioning.

## **Individual or Group?**

Group programmes (3-4 weeks) are the most powerful way to deliver sustained rehabilitation and to promote new physical and psychological skills. However, some people may need support and 'pre-treatment' to reach a group. We have the potential to offer an individual admission (1 week) where necessary.

*Purpose-built new facilities  
Specialist, dedicated Team  
Careful, holistic assessment and education  
Physical rehabilitation; Psychological intervention  
Part of the Bath National Pain Centre*

## **Adult or Young Adult?**

Young Adults (e.g. 18-30 yrs) have specific needs and can benefit from programmes (3 weeks) aimed at their developmental stage. We encourage parent or partner involvement in this treatment, usually attending for the first week of treatment. There is a focus on life skills and managing work, study and healthcare more proactively. Our other adult programmes cater for all other ages, including older adults.

## **Can I refer?**

Patients in England can move straight to assessment, so long as they have been seen in secondary care Pain Services, and have trialed appropriate treatments there. Patients in Scotland, Wales, Northern Ireland, the Republic of Ireland, Channel Islands and Isle of Man will need "out of area" funding.

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